

POTATOES

for the Home Garden and Grower



VARIETIES	HARVEST	YIELD	SIZE	BOILING	BAKING	FRENCH FRYING	CHIPPING	STORING	GI	COMMENTS
RED SKIN										
Chieftain	Mid	High	Medium	Good		Excellent	Good	Good		High yielding variety, attractive appearance, widely adapted. Undersizing can be a problem if soil moisture becomes limiting.
NorDonna	Mid	High	Large	Good	Fair	Good	Good	Good		High yielding variety, adapts well to different soils. Sensitive to drought, susceptible to skinning and bruising if harvested before maturity; washes well at maturity.
Norland	Early	High	Large	Good	Fair	Good	Good	Good		High yielding variety, adapts well to different soils. Sensitive to drought, susceptible to skinning and bruising if harvested before maturity; washes well at maturity.
Red Pontiac	Mid-Late	High	Large	Fair	Fair	Fair	Fair	Good	80	High yielding variety of attractive appearance, widely adapted (especially to muck soils).
Sangre	Mid	High	Large	Excellent	Excellent			Good		Ranks high in taste tests; no after cooking discoloration, high levels of Vitamin C.
RUSSET SKIN										
Pacific Russet	Early	High	Medium	Excellent	Excellent	Excellent		Good		High yielding variety of attractive appearance; good resistance to internal and external defects.
Russet Burbank	Late	Good	Large	Good	Excellent	Excellent		Excellent	85	Requires a uniform moisture supply and long growing season to produce maximum quality tubers and to prevent knobiness and second growth.
WHITE SKIN										
Dakota Pearl	Mid	Good	Medium	Good	Good		Excellent	Good		Produces uniformly round tubers of attractive appearance.
Kennebec	Mid-Late	High	Very Large	Good	Good	Good	Good	Excellent		High yielding fast growing variety, widely adapted.
Superior	Early	Good	Large	Good	Good	Good	Excellent	Good		Medium yielding variety, self fertile, well adapted.
Warba	Very Early	High	Large	Good	Good					High yielding variety; low specific gravity.
YELLOW SKIN										
Bintje	Late	High	Medium	Excellent	Excellent	Excellent	Good	Good		High yielding, widely adapted, Because of high tuber set, recommended spacing in the row are 40 to 45 cm.
Satina	Mid-Late	Very High	Medium	Good				Good		Highly tolerant to drought. Well adapted to sandy soils.
Yukon Gold	Mid	High	Medium	Excellent	Excellent	Excellent	Poor	Excellent		Large tubers are slightly susceptible to hollow heart.
PURPLE SKIN										
Caribe	Early	High	Very Large	Good	Fair		Excellent	Good		High yielding variety; attractive appearance.
GOURMET										
Cecile	Mid-Late	High	Fingerling	Excellent	Good			Good		Red skinned fresh market specialty potato, excellent salad potato.
French Fingerling	Mid-Late	Good	Fingerling	Good	Good			Good		Cranberry red skin and yellow flesh with red marbling, very unique. Fresh market specialty potato; delicious nutty flavour.
Banana	Late	High	Fingerling	Good	Good			Good		Fresh market specialty potato. Yellow fleshed, produces of 15 to 20 tubers per plant.
Nicola - Low GI	Late	Good	Medium	Good	Good			Good	58	Low GI rating of 58; great for diabetics.
Sieglinde	Early	Good	Large	Good	Good			Fair		Preferred variety in European cuisine
Russian Blue	Late	Good	Large	Good	Excellent			Good		Heritage variety with blue skin and flesh, very unique with a rich nutty taste.
ORGANIC										
Carlita - Yellow Skin	Early	High	Very Large	Good	Good			Good		Fresh market specialty potato.
Innovator - Russet	Early	High	Large	Excellent	Excellent	Excellent	Good	Excellent		Rather good resistance to internal bruising.
Mozart - Red Skin	Late	Good	Medium	Good	Good			Good		Noted for excellent table quality.